



Immediate Goals & Objectives Plan (I GO Plan)

Please email your Mentor this GO Plan *three* days before the next monthly Mentor/Mentee meeting.

This will be confidential between the Mentor and Mentee.

Name: _____

Date: _____

Session Date: _____

Next Session: _____

What I have accomplished since our last session:

What I wanted to get done, but didn't:

Challenges/problems I am facing now:

Opportunities that are available to me right now:

I want to use my Mentor during the session to:

What I am committed to do by the next session:
